1003 Highland Road • Slocomb, Alabama • 36375 (334) 797-5223 • AshtonL7@yahoo.com E-Portfolio- www.AshtonL7.wix.com/AML7

### **Professional Summary**

Dedicated registered nurse with 4 years of nursing experience. Background in pediatrics, newborn nursey, as well as a comprehensive background in women's health to include prenatal, antenatal, obstetrical, and postpartum, in both the hospital and private practice settings. Self-motivated professional with a commitment to providing quality education, seeking full-time Nurse Educator and Nurse Practitioner job.

# **Skill Highlights**

- Experienced preceptor in Labor and Delivery
- Instructor for many of the Childbirth Classes at Flowers Hospital
- Charge Nurse in Labor and Delivery
- 690 Family Nurse Practitioner clinical hours
- 120 Nurse Educator practicum hours

#### **Education**

Auburn University; Auburn, AL

Master of Science in Nursing- Nurse Practitioner/ Nurse Educator. May 2019

GPA: 3.93/4.0

Bachelor of Science in Nursing, May 2015

GPA: 3.6/4.0 · Magna Cum Laude

#### **Professional Experience**

Women's Healthcare of Dothan- Dothan, Alabama

September 2017- Present

- Registered Nurse
  - Experience phone triage for OB and GYN patients
  - Provide high quality nursing care and education to women across the lifespan
  - Assist providers with in-office procedures (IUD placement, pap tests, endometrial biopsies, colposcopies, vulvar biopsies, wet preps, pellet placement)
  - Skilled in phlebotomy and injections
  - Non-Stress Test monitoring of singleton and multiple gestation

# Flowers Hospital- Dothan, Alabama

May 2016- Present

Registered Nurse, Labor and Delivery

- Provide obstetrical nursing care to high risk antenatal women (gestational diabetes, preeclampsia, premature labor, cervical incompetence, multiple gestation)
- Non-stress test monitoring of singleton and multiple gestation
- Circulator in the operating room during cesarean deliveries
- Provide obstetrical nursing care, teaching, and education to low and high-risk postpartum women
- Sound, ethical and independent decision-making ability consistent with medical protocols

• Implement nursing assignments based on evaluation of staffing and patient acuity; Charge nurse for more than 2 years

# Russell Medical Center- Alexander City, Alabama

May 2015- May 2016

Registered Nurse, *OB/Newborn Nursery/Pediatrics* 

- Registered nurse in newborn nursey, labor and delivery, pediatrics, antepartum testing, postpartum and women's health services
- Provided neonatal care to high-risk neonates (nicotine and drug withdrawals, premature, IUGR, tube feedings, jaundice, respiratory distress, failure to thrive)
- Non-stress monitoring of singleton and multiple gestation
- Provided obstetrical care, teaching and education to low and high risk antenatal and postpartum patients
- Provided nursing care to pediatric patients
- Provided nursing care to GYN post-op and oncology patients

# **MSN Clinical Experience**

- 280 hours- Cecilia Robinson, CRNP- Family Medicine Dothan
- 160 hours- Candace Short, DNP- Women's HealthCare of Dothan
- 90 hours- Millicent Harrison, CRNP- Enterprise Children's Center
- 60 hours- Kelli McAllister, CRNP- Slocomb Family Medicine
- 60 hours- Amy Ethridge, CRNP- Digestive Health Specialists
- 40 hours- Medical Mission Trip with AUSON MSN program- Quito, Ecuador

### **MSN Educator Practicum Experience**

- 120 hours- Dr. Monica Radney- Wallace Community College School of Nursing
- 60 hours- Marilyn McKissack, BSN, RN- Flowers Hospital Education Director

#### **Licenses & Certifications**

RN- Registered Nurse, Alabama Board of Nursing	2015-Present
BLS- Basic Life Support, American Heart Association	2012- Present
ACLS- Advanced Cardiovascular Life Support, American Heart Association	2015-Present
NRP- Neonatal Resuscitation Program, American Academy of Pediatrics	2016-Present

#### Research

Evidence-Based Practice Project: Elective Induction of Labor

Poster presented at This is Research: Symposia, May 2017

# **Awards/ Involvement**

Sigma Theta Tau International Honor Society of Nursing, 2014- Present Blue Jean Ball Scholarship, 2017

### **Courses Taught**

Introduction to Childbirth- *Flowers Hospital*Breathing and Relaxation Techniques for Childbirth- *Flowers Hospital*Parent Prep- *Flowers Hospital*